

Plant	September	October
Beans - Lima	████████████████████	
Beans - Snap	████████████████████	████████████████████
Beets		████████████████████
Broccoli	████████████████████	████████████████████
Brussels Sprouts		████████████████████
Cabbage	████████████████████	████████████████████
Carrots		████████████████████
Cauliflower		████████████████████
Chinese Cabbage		████████████████████
Collards	████████████████████	████████████████████
Corn	████████████████████	
Cucumbers	████████████████████	
Eggplant	████████████████████	
Kale		████████████████████
Lettuce		████████████████████
Mustard Greens		████████████████████
Onions		████████████████████
Parsley		████████████████████
Peas, English		████████████████████
Peas, Southern	████████████████████	
Peas, Snow		████████████████████
Peppers	████████████████████	
Potatoes	████████████████████	████████████████████
Radishes		████████████████████
Spinach		████████████████████
Summer Squash	████████████████████	
Strawberries	████████████████████	████████████████████
Swiss Chard	████████████████████	████████████████████
Tomatoes	████████████████████	
Turnips	████████████████████	████████████████████

Thoughts on the Fall Garden

The fall garden is a great combination of warm and cool season crops. Each year brings its own challenges and rewards with unseasonably wet, dry, warm or cool weather. Plant a variety of crops and make succession plantings so there is always something to harvest from fall through winter.

When it is extremely warm (as it was last year) during September and October the first attempts at cool season plantings may not sprout or they may bolt (get bitter and go to seed). Last year our carrots did not sprout on the first planting because the soil was just too warm. Our lettuce and other greens sprouted just fine but then bolted very quickly. Since both of these plants are easy to start by seed we just re-planted.

We chose warm season plants with early maturing times so we have a chance for a good harvest before the frost or freezes kill the plants. If it is a mild winter we might cover some of our tomatoes with blankets and put a light in with them. One year we were still harvesting tomatoes in January!

Most of the above cool season plants will survive all winter, even through frost and light freezes.

Watering is usually needed for the fall garden. The summer rains will have diminished so check the soil for moisture and water as needed.

Don't forget to mulch! Mulch saves water, discourages weeds, and feeds your soil.

By Jean White, [Hammock Farm Gourmet](#)